



## **TILAK MAHARASHTRA VIDYAPEETH (TRUST'S)**

### **INDUTAI TILAK COLLEGE OF PHYSIOTHERAPY**

#### **LIST OF RESEARCH PUBLICATIONS**

<b>SR. NO.</b>	<b>NAME OF STAFF</b>	<b>TITLE</b>	<b>JOURNAL</b>
1	DR. PROF. MAHENDRA SHENDE	THE PREVALENCE OF LOWER CROSSED SYNDROME IN INFORMATION TECHNOLOGY PROFESSIONALS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		A STUDY TO ASSESS THE PREVALENCE OF TEXT NECK SYNDROME AND QUALITY OF SLEEP AMONG SMART PHONE USERS IN YOUNG ADULTS ACROSS NAVI MUMBAI	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		AWARENESS AND KNOWLEDGE OF ERGONOMICS AMONG COLLEGE PEONS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
2	DR. UJWAL YEOLE (PT)	ASSOCIATION BETWEEN Q ANGLE AND FLAT FOOT ON KNEE DISABILITY IN PATIENTS WITH KNEE OSTEOARTHRITIS	INTERNATIONAL JOURNAL OF SCIENTIFIC DEVELOPMENT AND RESEARCH
		CORRELATION OF THE SPEED, AGILITY AND VERTICAL JUMP WITH THE SHOOTING PRECISION IN RECREATIONAL BASKETBALL PLAYERS.	INTERNATIONAL JOURNAL OF SCIENTIFIC DEVELOPMENT AND RESEARCH
		ASSOCIATION OF FEAR OF FALL AND AVOIDANCE OF BASIC ADLS IN ELDERLY INDIVIDUALS	INTERNATIONAL JOURNAL OF SCIENTIFIC DEVELOPMENT AND RESEARCH

3	DR. RIMA MUSALE (PT)	COMMUNITY AWARENESS ABOUT ATTITUDE AND KNOWLEDGE OF DAILY USED FOOTWEAR AND RISK RELATED TO FOOTWEAR PROBLEMS	WORLD JOURNAL OF BIOLOGY PHARMACY AND HEALTH SCIENCES
		ASSESSMENT OF LEVEL OF PHYSICAL FITNESS AND LEVEL OF MENTAL STRESS IN YOUNG STUDENTS.	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		CORELATION BETWEEN SPEED AGILITY, AND VERTICAL JUMP WITH SHOOTING PERFORMANCE OF RECREATIONAL MALE FOOTBALL PLAYERS.	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		.EFFECTS OF VARIOUS YOGA POSTURES AND PRANAYAMA ON POST MENOPAUSAL WOMEN:AN EXPERIMENTAL STUDY.	INTERNATIONAL JOURNAL OF YOGA, PHYSIOTHERAPY AND PHYSICAL EDUCATION
		KNOWELEDGE AND ATTITUDE TOWARDS PHYSIOTHERAPY INTERVENTIONS ON BREATHLESSNESS IN POST COVID 29 PATIENTS.	INTERNATIONAL JOURNAL OF ALL RESEARCH EDUCATION AND SCIENTIFIC METHODS
		PREVALENCE AND SEVERITY OF MUSCULOSKELETAL DISORDERS IN FARMERS OF JALGAON RURAL, INDIA.	INTERNATIONAL JOURNAL OF ALL RESEARCH EDUCATION & SCIENTIFIC METHODS
		CORRELATION BETWEEN JOINT HYPERMOBILTY AND BALANCE IN INDIAN ELITE GYMNASTS	ARCHIEVES OF MEDICINE AND HEALTH SCIENCES
4		DR. GAURAI GHAROTE (PT)	PREVALENCE OF CERVICOGENIC HEADACHE IN COMPUTER USERS – A NEW NORMAL
	ASSESSMENT OF JUGULAR VEIN PRESSURE IN COPD PATIENTS		MAHRATTA - MULTIDISCIPLINARY JOURNAL

5	DR. ABHIJEET TOSHNIWAL (PT)	MODIFIED ASHWORTH SCALE AND ALPHA MOTOR NEURON EXCITABILITY INDICATORS OF F-WAVE IN SPASTIC SOLEUS MUSCLE EARLY AFTER STROKE	BRITISH JOURNAL OF MEDICINE AND MEDICAL RESEARCH
6	DR. SHWETA KULKARNI (PT)	TRANSLATION, CROSS-CULTURAL ADAPTATION AND RELIABILITY OF EDWARDS SOCIAL DESIRABILITY SCALE IN MARATHI VERSION	VIMS JOURNAL OF PHYSICAL THERAPY
		WORK RELATED MUSCULOSKELETAL DISORDERS IN OCCUPATIONAL TAXI DRIVERS OF MAHABALESHWAR	VIMS JOURNAL OF PHYSICAL THERAPY
		ASSESSMENT OF PHYSICAL ACTIVITY AND PAIN IN YOUNG WOMEN WITH AND WITHOUT DYSMENORRHEA	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
7	DR. AISHWARYA KANHERE (PT)	THE EFFECT OF APPLIED DIRECTION OF KINESIOTAPING FROM INSERTION TO ORIGIN OF HAMSTRING ON ACTIVE KNEE EXTENSION IN HEALTHY INDIVIDUALS WITH HAMSTRING TIGHTNESS	SHODHA PRABHA
		ASSESSMENT OF FUNCTIONAL MOVEMENT SCREEN TO PREDICT INJURIES IN YOUNG FOOTBALLERS	INTERNATIONAL JOURNAL OF YOGA, PHYSIOTHERAPY AND PHYSICAL EDUCATION
		PREVALENCE OF DE-QUERVAIN'S TENOSYNOVITIS IN CARPENTERS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		CORRELATION BETWEEN PAIN AND KINESIOPHOBIA IN DESK JOB WORKERS WITH NON-SPECIFIC CHRONIC NECK PAIN	SCOPE

8	DR. ANKITA DABSHEDA (PT)	THE EFFECT OF APPLIED DIRECTION OF KINESIOTAPING FROM INSERTION TO ORIGIN OF HAMSTRING ON ACTIVE KNEE EXTENSION IN HEALTHY INDIVIDUALS WITH HAMSTRING TIGHTNESS	SHODHA PRABHA
		PREVALENCE OF DE-QUERVAIN'S TENOSYNOVITIS IN CARPENTERS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
9	DR. MANALI KULKARNI (PT)	EFFECTIVENESS OF KINESIOTAPING AND YOGA THERAPY ON ADOLESCENT GIRLS WITH PRIMARY DYSMENORRHEA.	MAHRATTA - MULTIDISCIPLINARY JOURNAL
		IMPACT OF STRUCTURED TREATMENT PROTOCOL WITH ELECTROTHERAPY ON PUBIC SYMPHYSIS PAIN IN THIRD TRIMESTER OF PREGNANCY: A CASE REPORT	MAHRATTA - MULTIDISCIPLINARY JOURNAL
		PREVALENCE OF CYCLIC MASTALGIA IN YOUNG COLLEGE GOING GIRLS	MAHRATTA - MULTIDISCIPLINARY JOURNAL
10	DR. POOJA SHARMA (PT)	EFFECT OF PEBBLE MAT WALKING ON BALANCE IN YOUNG OLD POPULATION	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		EFFECT OF TAI CHI EXERCISE ON EXERTIONAL DYSPNEA IN OBESE FEMALES	INTERNATIONAL JOURNAL OF APPLIED RESEARCH
		ASSESSMENT OF BALANCE IN AMBULATORY CHILDREN WITH DOWNS SYNDROME	INTERNATIONAL JOURNAL OF APPLIED RESEARCH
		PREVALENCE OF TEXT CLAW IN SMARTPHONE USERS IN YOUNG ADULTS	INTERNATIONAL JOURNAL OF ADVANCED RESEARCH AND DEVELOPMENT
		EFFECT OF LOADED SIT TO STAND RESISTANCE EXERCISE VERSUS WEIGHTED CIRCUIT EXERCISE TO IMPROVE WALKING EFFICIENCY AND FUNCTIONAL MUSCLE STRENGTH IN CHILDREN WITH MILD SPASTIC DIPLEGIA	IAMR JOURNAL OF PHYSIOTHERAPY
		EFFECT OF SQUARE STEPPING EXERCISE ON LOWER LIMB COORDINATION IN YOUNG OLD POPULATION	INTERNATIONAL JOURNAL OF DEVELOPMENT RESEARCH PUBLISHED

11	DR. ARPITA RATHOD (PT)	EFFECT OF UTTANASANA VS STATIC STRETCHING ON HAMSTRING FLEXIBILITY WITHIN AGE GROUP OF 18-25 YEARS :A COMPARATIVE STUDY INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS/IJRAR	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		AWARENESS AND KNOWLEDGE OF PHYSIOTHERAPY AS A CAREER OPTION AMONG HIGHER SECONDARY STUDENTS IN JALGAON CITY : A CROSS- SECTIONAL STUDY	INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT
12	DR. MANISH RAY (PT)	EDUCATORS' AWARENESS OF ERGONOMICS FOR DIGITAL EDUCATION: A NECESSITY IN THE NEW WORLD	BOOK CHAPTER IN NOVEL RESEARCH ASPECTS IN MEDICINE AND MEDICAL SCIENCE
		MUSCULOSKELETAL DISORDERS AMONG CAREGIVERS HANDLING NON-AMBULATORY SPINAL CORD INJURY PATIENTS	BOOK CHAPTER IN INTERNATIONAL BOOK NOVEL RESEARCH ASPECTS IN MEDICINE AND MEDICAL SCIENCE
13	DR. SHIKHA PAASI (PT)	EFFECT OF HEMIBRIDGE WITH BALL AND BALLOON EXERCISE ON BALANCE, GAIT SPEED, FEAR OF FALL, AND QUALITY OF LIFE IN ELDERLY – A RANDOMIZED CONTROLLED TRIAL .	INDIAN JOURNAL OF PHYSICAL THERAPY AND RESEARCH
		EFFECT OF MAT PILATES AND HEMI-BRIDGE WITH BALL AND BALLOON EXERCISE ON CHRONIC NON-SPECIFIC LOW BACK PAIN IN YOUNG INDIAN ADULTS	MAHRATTA - MULTIDISCIPLINARY JOURNAL
14	DR. PRIYAMWADA HINGE (PT)	PREVALENCE OF MUSCULOSKELETAL PROBLEMS IN HOUSEMAIDS	INTERNATIONAL JOURNAL OF ALLIED MEDICAL SCIENCE AND CLINICAL RESEARCH
		AWARENESS OF UTERINE PROLAPSE IN PREMENOPAUSAL WOMEN	MAHRATTA - MULTIDISCIPLINARY JOURNAL

15	DR. NEERAJA DESHMUKH	PREVALENCE OF MUSCULOSKELETAL DISORDERS IN WORK FROM HOME SCHOOL TEACHERS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		PREVALENCE OF UPPER BACK PAIN IN MALE NATIONAL LEVEL BADMINTON PLAYERS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		CORRELATION STUDY BETWEEN NON-SPECIFIC LOW BACK PAIN AND BACK EXTENSOR ENDURANCE IN PEONS	INTERNATIONAL JOURNAL OF SCIENCE AND RESEARCH
		LEVEL OF SATISFACTION AND THE CHALLENGES FACED BY THE INDIAN PHYSIOTHERAPISTS DURING TELEREHABILITATION AMIDST COVID-19 PANDEMIC	INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS
16	DR. MEGHA PARASHAR	IMMEDIATE EFFECT OF SINGLE BOUT OF INTERMITTENT AEROBIC EXERCISES SESSION AT HIGH AND LOW INTENSITY ON ABI IN SEDENTARY YOUNG ADULTS	MAHRATTA - MULTIDISCIPLINARY JOURNAL
		LOWER EXTREMITY FRACTURE IN ELDERLY DURING COVID-19 PANDEMIC: A RETROSPECTIVE STUDY	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
17	DR. PRACHI PATEL	PHYSIOTHERAPY: EMPOWERING PUBLIC HEALTH AND WELLBEING	INTERNATIONAL JOURNAL FOR INNOVATIVE REASERACH IN MULTI-DISCIPLINARY FIELD
		THE MULTIFACETED IMPACT OF COFFEE ON HUMAN HEALTH	
18	DR. KARTIKI BHILARE	PREVALENCE OF CERVICOGENIC HEADACHE IN COMPUTER USERS – A NEW NORMAL	SHODHA PRABHA
		ASSESSMENT OF JUGULAR VEIN PRESSURE IN COPD PATIENTS	MAHRATTA - MULTIDISCIPLINARY JOURNAL

19	DR. YOGESH PATIL	EFFECTIVENESS OF 2 WEEKS QIGONG EXERCISE THERAPY VS CONVENTIONAL PHYSIOTHERAPY MANAGEMENT IN POST SURGICAL BREAST CANCER SURVIVORS: A RANDOMIZED CLINICAL TRIAL	JOURNAL OF MEDICAL SCIENCE AND CLINICAL RESEARCH
		EFFECTIVENESS OF VOODOO FLOSS BAND VERSUS CREPE BANDAGE IN SUBJECTS WITH POST-OPERATIVE LOWER LIMB PEDAL EDEMA: A RANDOMIZED CLINICAL TRIAL	INTERNATIONAL JOURNAL OF CURRENT ADVANCED RESEARCH