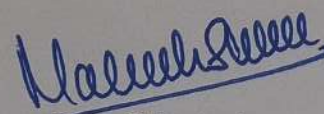


**Maharashtra University of Health Sciences, Nashik**  
**Inspection Committee Report for Academic Year 2021 – 2022**  
**Attendance Details/Research Details/Welfare Scheme Details**

**Faculty– Physiotherapy**

Name of College/Institute- **TMV's Indutai Tilak College of Physiotherapy, Gultekdi, Pune-411037**


1	Attendance	Yes	} Month-wise Biometric attendance to be uploaded by the college on College Website  (No hard copies of attendance to be submitted to the University)
	Teaching Staff	07	
	Non-teaching staff	15	
	Hospital Staff	-	
	UG & PG Students	50 (UG Students )	
2	Project	-	
	Research Articles/Publications	35	
	Research Award (Student/Teacher)	-	
3	<b>Utilization of Student Welfare Schemes:-</b>		
	Earn and Learn Scheme	-	
	Dhanwantri Vidyadhan Scheme	-	
	Sanjivani Student Safety Scheme	-	
	Student Safety Scheme	-	
	Book Bank Scheme	-	
	Savitribai Phule Vidyadhan Scheme	-	
	Bahishal Shikshan Mandal Scheme	-	
4	<b>Sport participants/Other Activities:</b>		
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	-	
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	-	
	iii) Information of Student(s) who participated in Cultural Activities.	-	
	iv) Does the college have NSS Unit?	-	
5	Whether "Swaccha Bharat Abhiyan" implemented in College	-	

  
 Dean/Principal  
 Stamp & Signature

List of Staff Publications (From June,2021 till date)

Name of the Faculty	Research Article	Name of the Journal	Status
Dr. Mahendra Shende	Prevalence of Trunk side strain injury in cricket fast bowlers	International Journal of Research and Analytical Reviews	Published
	Prevalence of Upper Back Pain in Male International Level Badminton Players	International Journal of Research and Analytical Reviews	Published
	Correlation study between non-specific low back pain and Back Extensor Endurance in Peons	International Journal of Science and Research	Published
	Prevalence of Lower Cross Syndrome in Indian Professional Jockey's	International Journal of Innovative Science and Research Technology	Published
	Level of Satisfaction and the challenges faced by the Indian Physiotherapists during Tele-rehabilitation amidst Covid-19 Pandemic	International Journal of Creative research Thoughts	Published
	Effect of hemibridge exercise with and ballon on Pain, disability and PEFPR in obese individuals with non-specific low back pain	International Journal of Educational Research and Studies	Published
	Effect of Myofascial release and Dry-Needling on Neck-Pain and Handgrip strength in Sewing Machine Operators	International journal Dental and Medical Sciences Research	Published
	Comparison of Reciprocal Inhibition and Post Isometric Relaxation on Iliopsoas Muscle tightness in Healthy Young Individuals	International journal of Innovative Research in Technology	Published
	Effect of Position specific physiotherapy training on performance of Indian football players: A randomized Control Trial	Research in Sports Medicine	Published
	Correlation of Leg Explosive strength with handball velocity in professional handball players	International Journal of Research and Analytical Reviews	Published
The Prevalence of Hip and Groin Injuries in football players	International Journal of Creative research Thoughts	Published	



  
**Principal**  
 Triak Maharashtra Vidyapeeth  
 Indular Triak College of Physiotherapy  
 Gullkedi, Pune-411 037.





Dr. Rasika Kaluskar		Impact of Covid-19 lockdown on exercise frequency of young individuals	International Journal of Research and Analytical Reviews	Published
		Awareness and Emotional aspect of cupping therapy in young adults	International Journal of Creative Research Thoughts (IJCRT)	Published
		Prevalence of Disability due to low back pain in MSRTC Bus drivers of Pune, India	International Journal of Health Sciences and Research	Published
		Immediate effect of yogasana on oxygen saturation levels in young adults	Mahratta- Multi disciplinary Journal	Published
		Awareness of Cough etiquettes amongst community in covid-19 crisis a telehealth survey	International Journal of Grid and Distributed Computing	Published
		Effect of Cognitive rehabilitation on cognition and functional status in older adults with mild cognitive impairment	VIMS Journal of Physical Therapy	Published
		Relationship between addiction to smartphone usage and disability to neck and upper limb among adults in covid-19 A Cross sectional study	Turkish Journal of Physiotherapy and Rehabilitation	Published
		Comparison of effectiveness of Phonophoresis and TENS on shoulder Pain and Disability in patients with Type-2 Diabetes Mellitus	Mahratta- Multi disciplinary Journal	Published
Dr. Tuskar Dhawale		Impact of Online Teaching - Learning Education on Neck Pain amongst Students and Teachers During Covid-19 Pandemic	Turkish Journal of Physiotherapy and Rehabilitation	Published
		Relationship Between Trunk Mobility and Balance in Parkinson's Disease	Turkish Journal of Physiotherapy and Rehabilitation	Published
		"Effect of Speed Agility and Quickness Training V/S Sport Specific Training on Performance in Young Indian Kabaddi Players"	Turkish Journal of Physiotherapy and Rehabilitation	Published
		Correlation of Aerobic Capacity and Fatigue in Multiple Sclerosis Patients'	Journal of Datta Meghe Institute of Medical Sciences University	Published
		Effect Of Supervised Exercise Program On Shoulder Function In Post Mastectomy Patients	Mahratta- Multi disciplinary Journal	Published
		Effect of positional release therapy vs myofascial release therapy on pain and disability in plantar fasciitis patients - a comparative study	Mahratta- Multi disciplinary Journal	Published

  
 Principal  
 Indira College of Physiotherapy  
 Gulbarga, Pune-411 037.

	Effect Of Dance Movement Therapy V/S Resistance Training On Fatigue And Dynamic Balance In Multiple Sclerosis Patients: A Randomised Control Trial	International journal of health and allied science	Under review
Dr. Nilesh Andhare	Impact of online teaching-learning education on neck pain amongst students and teachers during COVID-19 pandemic. Turkish Journal of Physiotherapy and Rehabilitation (TJPR) 2021, Volume 32 (3): 6670-6675. Effect of speed agility and quickness training v/s sport specific training on performance in young Indian kabaddi players. Turkish Journal of Physiotherapy and Rehabilitation (TJPR) 2021, Volume 32 (3): 6664-6669. Effect of supervised exercise program on shoulder function in post mastectomy patients Effect of functional task exercises on gait parameters in elderly individuals of Maharashtra: A randomized control trial	Turkish Journal of Physiotherapy and Rehabilitation Turkish Journal of Physiotherapy and Rehabilitation Maharatta - Multidisciplinary Journal International Journal of Allied Medical Sciences and Clinical Research (IJAMSCR) International Journal of Allied Medical Sciences and Clinical Research (IJAMSCR)	Published Published Published Published Published
Dr. Neeraja Deshmukh	Correlation of Balance and Foot Posture Index in Elderly SCREENING FOR RISK OF OBSTRUCTIVE SLEEP APNOEA IN HYPERTENSIVE GERIATRIC INDIVIDUALS USING STOP BANG QUESTIONNAIRE Effect of Libra Balance Board Exercises on Dynamic Balance in Stroke Subjects: A Randomized Clinical Trial	Turkish Journal of Physiotherapy and Rehabilitation Maharatta- Multi disciplinary Journal	Published Published
Dr. Mukta Deshpande	HIGHER EDUCATION FOLLOWING COMPLETION OF BACHELORS OF PHYSIOTHERAPY – A NARRATIVE REVIEW Perspective of Physiotherapist in and around Pune, India regard to acquiring Masters Degree	Turkish Journal of Physiotherapy and Rehabilitation International Journal of Health Sciences and Research	Published Published



*Mahesh Kumar*

Principal  
Tilak Maharashtra Vidyapeeth  
Indutai Tilak College of Physiotherapy  
Gultekdi, Pune-411 037.