

➤ **List of Staff Publications MUHS -**

NAME OF THE FACULTY	RESEARCH ARTICLE	NAME OF THE JOURNAL	STATUS
Dr. Mahendra Shende	Effects of bed support and positioning techniques in prevention of bedsores	International Journal of Physical Education, Sports and Health	Published
	Prevalence of Trunk side strain Injury in cricket fast bowlers	VIMS Journal of Physical Therapy	Published
	Prevalence of Posterior Ankle Impingement Syndrome in Fast bowlers	International Journal of Creative research thoughts (IJCRT)	Published
	Prevalence of Pain and Musculoskeletal disorder in vegetable vendors	International Journal of Research and Analytical reviews (IJRAR)	Published
	A Prevalence of Lower crosses syndrome in information technology professionals	International Journal of Research and Analytical reviews (IJRAR)	Published
	A Study to assess the prevalence of Text Neck Syndrome and Quality of Sleep among smartphone users in Young Adults Across Navi Mumbai	International Journal of Research and Analytical reviews (IJRAR)	Published
	Awareness and Knowledge of Ergonomic among college peons	International Journal of Research and Analytical reviews (IJRAR)	Published
Dr. Ujwal Yeole	Association of fear of fall and avoidance of basic ADL's in Elderly Individuals	International journal of research and analytical reviews	Published
	Predictors of remission of acromegaly following surgical treatment in growth hormone secreting pituitary adenoma	Journal of Neurological surgery	Published

	Prevalence of neck pain due to helmet use among motor cyclists	International Journal of Scientific Development and Research (IJS DR)	Published
Dr. Rima Musale	Community awareness about attitude and knowledge of daily used footwear and risk related to footwear problems	World Journal of Biology pharmacy and Health Sciences	Published
	Prevalence & severity of Musculoskeletal Disorders in Farmers of Jalgaon- Rural, India	International journal of All Research Education and Scientific Methods	Published
	Assessment of Core Muscle Endurance and Core Stability in Female Kathak Dancers	International Journal of All Research Education and Scientific Method	Published
	Correlation between Joint Hypermobility and Balance in Indian Elite Gymnasts	Archives of Medicine and Health Sciences	Published
	Knowledge and Attitude towards Physiotherapy Interventions on Breathlessness in Post-Covid-19 Patients	International Journal of All Research Education and Scientific Method	Published
	Assessment of Level of Physical Fitness and Level of Mental Stress in Young Students	International Journal of Research and Analytical Reviews	Published
	Prevalence of Coccydynia in females in Pune	International Journal of All Research Education and Scientific Method	Published
	Effects of Various yoga postures and pranayama on Post-Menopausal women: An Experimental Study	International Journal of Yoga, Physiotherapy and Physical Education	Published
	Correlation between Speed, Agility and Vertical Jump with the shooting performance on recreational	International Journal of Research and Analytical Reviews	Published

	male football players		
Dr. Abhijeet Toshniwal	Modified Ashworth Scale and Alpha Motor neuron excitability indicators of F-wave in spastic soleus muscle early after stroke	British Journal of Medicine and Medical research	Published
Dr. Gaurai Gharote	Effect of mobilization on Ankle mobility and balance performance in diabetic patients	Biomedicine	Published
	Prevalence of Muscle strain in cricketers- An observational study	Research journal of Science and Technology	Published
Dr. Shweta Kulkarni	Evaluation Of Upper Body Functions In Patients Post Mastectomy	International Journal Of Research And Analytical Reviews	Published
	The Relationship between Addiction to Smartphone Usage and Protracted Shoulders, Forward Head Posture and Thoracic Kyphosis in College Students	International Journal of Health Sciences and Research	Published
	Immediate Effect Of Zumba On Cardiovascular Parameters Of Women	International Journal Of Research And Analytical Reviews	Published
	Association Of Neck Range Of Motion And Cervicogenic Headache In It Professionals	International Journal of Creative Research Thoughts	Published
	Association of Hand Grip Strength and Hand Anthropometrics in Physically Inactive Undergraduate Students	International Journal of Scientific Research and Engineering Development	Published
	Assessment of trunk mobility and upper extremity functions in Parkinson's patients	International Journal of Allied Medical Sciences and Clinical Research	Published
	Knowledge, Attitude and Practice of Foot care in people with Type 2 Diabetes Mellitus	International Journal of Allied Medical Sciences and Clinical	Published

		Research	
Dr. Pooja Sharma	Effect Of Pebble Mat Walking On Balance In Young Old Population	International journal of research and analytical reviews	Published
	Effect of tai chi exercise on exertional dyspnea in obese females	International Journal of Applied Research	Published
	Assessment of balance in ambulatory children with downs syndrome	International Journal of Applied Research	Published
	Prevalence of text claw in smartphone users in young adults	International Journal of Advanced Research and Development	Published
	Effect Of Loaded Sit To Stand Resistance Exercise Versus Weighted Circuit Exercise To Improve Walking Efficiency And Functional Muscle Strength In Children With Mild Spastic Diplegia	Iamr Journal Of Physiotherapy	Published
	Effect Of Square Stepping Exercise On Lower Limb Coordination In Young Old Population	International Journal Of Development Research	Published
Dr. Aishwarya Kanhere	Prevalence of dequervains tenosynovitis in carpenters	International journal of research and analytical reviews	Published
	Assessment of aerobic capacity in normal versus obese housewives	International journal of research and analytical reviews	Published
	Correlation between pain and Kinesiophobia in desk job workers with non – specific chronic neck pain	Scope journal	
	Assessment of functional movement screen to predict injuries in young footballers	International journal of Yoga, Physiotherapy and Physical Education	

Dr. Ankita Dabshede	Correlation between pain and kinesiophobia in desk job workers with non – specific chronic neck pain	Scope journal	Published
	Assessment of functional movement screen to predict injuries in young footballers	International journal of Yoga, Physiotherapy and Physical Education	Published
Dr. Nilesh Andhare	Assessment of functional movement screen to predict injuries in young footballers	International Journal of Yoga, Physiotherapy and Physical Education	Published
	Co-Relation Between Functional Movement Quality And Body Mass Index Using Functional Movement Screen In Young Adults	International Journal of Scientific Research	Published
	Effect of functional task exercises on gait parameters in elderly individuals of Maharashtra: A randomized control trial	International Journal of Allied Medical Sciences and Clinical Research	Published
	Effect of positional release therapy vs myofascial release therapy on pain and disability in plantar fasciitis patients-a comparative study	Kesari Mahratta Trust	Published
Dr. Manali Kulkarni	Impact of structured treatment protocol on pubic symphysis pain in third trimester of pregnancy: A case report	Kesari Mahratta Trust	Published
	Prevalence Of cyclic mastalgia in young college going girls	International journal of scientific development and research	Published
Dr. Suraj Mathew	Prevalence of polycystic ovarian syndrome in overweight and obese females and its effect on quality of life	International Journal of Research and analytical reviews	Published

	Incidence of low back pain in sports bike riders in Pune	International journal of all research education and scientific methods	Published
Dr. Manish Ray	Prevalence of Post COVID-19 Syndrome	International Journal of Community Medicine and Public Health	Published
	Awareness of Ergonomics for Online Teaching in School teachers	International Journal of Community Medicine and Public Health	Published
	Prevalence of Musculoskeletal problems in caregivers handling non-ambulatory spinal cord injuries	International Journal of Scientific Reports	Published
	Correlation Between Balance performance and perception about the knee in patients with osteoarthritis knee	The Journal of Indian Association of Physiotherapists	Published
	Correlation of scapulothoracic muscle strength and functional activity in volleyball players	International Journal of Scientific Reports	Published
Dr. Shikha Paasi	Effect of Nordic hamstring exercise and sciatic nerve slider technique on hamstring tightness in athletes: A randomized clinical trial	Kesari Mahratta Trust	Published
	Effect of suryanamaskar versus aerobic exercises on quality of sleep, stress levels in community dwelling elderly population	International Journal Of Science and Research	Published

	Prevalence of pain and musculoskeletal disorder in vegetable vendors	International journal of research and analytical reviews	Published
	Effect of Hemibridge with ball and ballon exercise on balance, gait, fear of fall and quality of Life in elderly	Indian journal of Physical therapy and research	Published
Dr. Neha Ghugare	Correlation between functional movement quality and body mass index using functional movement screen in Young adults	International Journal of Scientific research	Published
	Prevalence of Trunk side strain Injury in cricket fast bowlers	VIMS Journal of Physical Therapy	Published
Dr. Vaibhavi Khatavkar	Musculoskeletal Disorders In 2- Wheeler Riders In Pune-An Observational Study	International Journal of Research and Analytical Reviews (IJRAR)	Published
	Effect of Knowledge and Awareness Regarding Urinary Incontinence and Its Treatment Options in Female Dancers	Indian Journal of Physiotherapy and Occupational Therapy	Published
	Correlation between hamstring tightness and generalized laxity in roller skaters	International Journal of Allied Medical Sciences and Clinical Research (IJAMSCR)	Published
	Analysing Effect Of Road Traffic Air Pollution On Cardiorespiratory Fitness Of Traffic Police Officers	Journal of Emerging Technologies and Innovative Research (JETIR)	Published
Dr.Priyamwada Hinge	Prevalence of musculoskeletal problems in housemaids	International Journal of Allied Medical Science and Clinical Research	Published

Dr. Megha Parashar	Immediate effect of Single bout of Intermittent aerobic exercises session at high and Low Intensity on ABI in Sedentary young adults	Kesari Mahratta Trust	Published
	Incidence of Shin splints in basketball players	International Journal of research and analytical reviews	Published
	Lower Extremity Fracture in Elderly during covid-19 pandemic: A Retrospective study	International Journal of research and analytical reviews	Published